

Academic Year: 2022-23
 Total funding allocated £17,970

PE and Sport Premium Key Outcome Indicator 1/2/3/4/5	Actions to achieve	Approximate Funding	Impact/Evidence	Evaluation- mid year (written in red) and end year reviews (written in black)
1. The engagement of all pupils in regular physical activity – kick-starting healthy active lifestyles.	<p>Time built into curriculum to learn about 'Healthy Living' in all year groups. A focus will be put on healthy living, physical and mental health.</p> <p>Cooking club will be offered to year 2s.</p> <p>Greenhouses set up outside each classroom for healthy living and eating projects. The whole school will grow their own vegetables.</p>	<p>-</p> <p>-</p> <p>-</p>	<p>Investments have been made in their area for the previous 2 cycles. Teachers with the support from HG will ensure this is now an embedded feature of their curriculum.</p> <p>Year 2s will be able to cook and try a variety of food they have made themselves.</p> <p>Classes will grow their own fruits and veg and can try them. This will be evidenced in a whole school floor book kept in hall.</p>	<p>Healthy Living workshops (take place summer 2) will have a focus on oral hygiene this year and people who support us in maintaining a healthy lifestyle. Doctors, dentists etc.</p> <p>Children are enjoying cooking club, it is oversubscribed each term.</p> <p>Tomato plants are growing, as well as radishes and beans. Children will try these when they are grown. Some greenhouses have been damaged by the weather- these need to be repaired/replaced (this will be factored into 23/24 funding)</p>
2. The profile of PE and sport	Sports week planned	-	HG to plan a week focusing on	Workshops will be undertaken in

<p>being raised across the school as a tool for whole school improvement.</p>	<p>into the spring term.</p> <p>Parents to be invited into school for sports day</p> <p>Increase number of 'High Five Letters' for PE.</p> <p>Training and time for PE Subject Lead to lead PE effectively (including release time).</p> <p>Jasmine RealPE reviewed</p>	<p>-</p> <p>-</p> <p>£130</p> <p>£500</p>	<p>metal health and sports, a focus will also be on dental hygiene this year.</p> <p>Parents will see their children participating in sports.</p> <p>Children will have their achievements recognised.</p> <p>HG will have time to lead, coach and monitor PE and healthy living provisions and to champion the subject.</p>	<p>summer 2.</p> <p>Sports days planned in for summer 2.</p> <p>High fives in year 2 have increased for PE and sports knowledge.</p> <p>HG will take some time summer 1, BW/HB to cover.</p> <p>All classes are using Jasmine to support with their skills lessons.</p>
<p>3. Increased confidence, knowledge and skills of all staff</p>	<p>HG and HB will work with CSF coaches to</p>	<p>-</p>	<p>HG and HB will be confident in teaching and leading PE and</p>	<p>Course completed. HG discussed curriculum progression with CSF</p>

<p>in teaching PE and sport.</p>	<p>provide CPD in delivering PE.</p> <p>HG to teach all classes throughout the year.</p> <p>Monitor teacher's use of the RealPE scheme for teaching/assessing PE.</p> <p>Mini me yoga will be coming into school to lead sessions for children in yoga and meditation. Staff will also receive a guided meditation session.</p> <p>Training for staff in Mini me yoga</p>	<p>-</p> <p>-</p> <p>-</p> <p>-</p>	<p>coaching and supporting other members of staff.</p> <p>HG will support with identifying children needing challenge and suggest ways to this could be managed within classes.</p> <p>All teachers will be using a progressive curriculum.</p> <p>Children will learn how to add yoga into their healthy lifestyles.</p> <p>All teachers will feel confident in teaching yoga. This could be used within classes to promote a healthy lifestyle as well as warm ups and cool down.</p>	<p>staff impacting the lesson planning.</p> <p>HG has taught year 1. Working towards this goal throughout the rest of the year.</p> <p>Follow up on questions from data drop from Autumn answered.</p> <p>Successful Mini me yoga training. Children has discussed how the breathing techniques can be used throughout the school day also. HG has supported children in their breathing activities in assemblies throughout the year.</p> <p>All teaching staff that attended training feel confident in teaching yoga using the Mini me resources. New staff have had coaching from HG.</p>
<p>4. Broader experience of a range of sports and activities offered to all pupils.</p>	<p>Lunchtime coach from Norwich City Sports Foundation (1</p>	<p>£7,600</p>	<p>Children will be supported to learn new skills with a coach.</p>	<p>Children see a regular adult to support them with their PE. Putting skills into practice.</p>

	hour a day) Jenna Wood to teach dance summer 2. Capoeira lessons for children with staff learning too. Continue to offer a range of after school clubs to pupils. Include a cooking club to promote healthy living and healthy food to pupils.	£1,640 £5,250 £2,800	Children will be able to amalgamate the skills they have learn into a performance context. Children will learn about sports from around the world and the variety of skills needed to participate in sports. Children can choose to participate in multi-sports sessions furthering their knowledge and understanding of sports and ways to live a healthy life.	Booked for summer 2. Children in year 1 have used their skills to work in partners and create their own phrases. Children have funded after school clubs.
5. Increased participation in competitive sport.	Organise football match with Lionwood Infant School. To be organized when	-	HG to look into organizing a sports match for the years 2s in the summer term.	HG to email Lionwood and discuss shared opportunities.

	the guidelines allow. Purchase of sports day medals	£50	Children will have something to take home as a discussion point to talk about healthy lifestyles and competitive sports.	Children will have a sense of what it would be like to participate in the Olympics.
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Vision for the Primary PE and Sport Premium

ALL pupils leaving primary school **physically literate** and with the **knowledge, skills and motivation** necessary to equip them for a **healthy, active lifestyle and lifelong participation** in physical activity and sport.

The funding has been provided to ensure impact against the following **OBJECTIVE**:

To achieve self-sustaining improvement in the quality of PE and sport in primary schools. It is important to emphasise that the focus of spending must lead to long lasting impact against the vision (above) that will live on well beyond the Primary PE and Sport Premium funding.

It is expected that schools will see an improvement against the following 5 key indicators:

1. the engagement of all pupils in regular physical activity – kick-starting healthy active lifestyles
2. the profile of PE and sport being raised across the school as a tool for whole school improvement
3. increased confidence, knowledge and skills of all staff in teaching PE and sport
4. broader experience of a range of sports and activities offered to all pupils
5. increased participation in competitive sport

Mousehold Infant & Nursery School recognises that the development of a healthy lifestyle in children is hugely important as PE and sport raises self-esteem and confidence thus having a wider impact on their achievement and progress. As such we see physical education as a co contributor to our children's wellbeing and we have developed it alongside the existing work we partake in that focuses on diet and emotional welfare.

Completed by: Holly Greenwood (PE Subject Lead)

Date (last reviewed): September 22, May 23.